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Florida Center for Nursing Pilots Program to Address Nursing Workforce Burnout

Tampa, Fla. – Burnout can have devastating consequences for nurses such as low job satisfaction, a low level of commitment, and a tendency to leave the nursing workforce, which reduces the quality of care and worsens Florida’s nursing shortage

To address this issue, the Florida Center for Nursing is piloting a new wellness program which aims to reduce burnout in the nursing workforce. The Emotional Vaccines program is being offered for free by the Florida Center for Nursing for all nurses and future nurses in the state of Florida.

The innovative, easy-to-use program provides weekly, 2–3-minute videos via text message with evidence-based tips and strategies to support nurses’ well-being. The pilot program will run for 6 months and then be evaluated by FCN for feasibility and acceptability among participants. Nurses and future nurses in the state of Florida can register for the program online:

<https://flcntr.org/fcnev>

Nurses are critical to the health and wellness of Floridians. The future of nursing in Florida is dependent upon implementation of innovative strategies to ensure an adequate supply of qualified nurses to meet the needs of the people of Florida.

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The Florida Center for Nursing is established under state statute (F.S. 464.0195) to research and address issues of supply and demand for nursing, including issues of recruitment, retention, and utilization of nurse workforce resources. For more information visit flcenterfornursing.org. The Florida Center for Nursing is headquartered at the University of South Florida.

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