



FOR IMMEDIATE RELEASE

MAY 5, 2025

**National Nurses Week – Recognizing the more than 400,000 nurses in Florida**

The Florida Center for Nursing will offer wellness activities and recognition opportunities this week.

**TAMPA, FL** – Each year, the country honors and recognizes nurses during National Nurses Week, May 6-12. Nurses are the backbone of health care; they spend more time with patients than any other health care worker. The quality of that work shows in the fact that nursing has remained the [#1 most trusted profession](#) for 23 years in a row.

The Florida Center for Nursing (FCN) is celebrating National Nurses Week with support and recognition for the more than 400,000 nurses in Florida with a variety of opportunities. The activities aim to further the Florida Center for Nursing's goal to enhance and promote recognition, reward, and renewal for nurses in Florida.

- Recognize a Florida Nurse (May 6-12):
  - Residents and visitors of Florida can nominate a Florida nurse for their contribution to health care by visiting: [flcntr.org/NursesWeek2025](https://flcntr.org/NursesWeek2025).
  - The first 250 nominated nurses will receive an exclusive Florida nurse 16oz tumbler sponsored by the FCN.
- Thank a Florida Nurse (May 6-12):
  - The invitation to repost FCN social media posts with personal words about Florida nurses who have made an impact on individuals or the community.
  - Individuals can participate by following the Florida Center for Nursing on [LinkedIn](#), [Facebook](#), [Instagram](#), or [Twitter](#).
- #WellnessWednesday Chair Yoga (May 7):
  - Virtual chair yoga session for Florida nurses on Wednesday from 7:00-7:20am ET and recorded for those who cannot attend live.
  - Those interested can visit [flcntr.org/yoga](https://flcntr.org/yoga) to register.
- #FocusFriday Guided Meditation (May 9):
  - Virtual guided meditation for Florida nurses on Friday from 10:00-10:15am ET and recorded for those who cannot attend live.
  - Those interested can visit [flcntr.org/meditation](https://flcntr.org/meditation) to register.

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**The Florida Center for Nursing** is established under state statute (F.S. 464.0195) to research and address issues of supply and demand for nursing, including issues of recruitment, retention, and utilization of nurse workforce resources. The Florida Center for Nursing is headquartered at the University of South Florida. For more information, visit [flcenterfornursing.org](https://flcenterfornursing.org).