



**Florida Center for Nursing
Well-Being Advisory Board Meeting**

Thursday, February 12, 2026

Virtual via Microsoft Teams

Mission:

The Florida Center for Nursing is established to research and address issues of supply and demand for nursing, including issues of recruitment, retention, and utilization of nurse workforce resources.

Vision:

The health care needs of the residents and visitors of Florida are met by a competent and sufficient nursing workforce.

Values:

Accountability We commit to deliver on the Florida Center for Nursing's statutory goals to the nursing profession, the residents, and visitors of Florida.

Integrity We practice high ethical standards through interpersonal and interprofessional relationships.

Respect We cultivate collaborative partnerships that promote access for everyone.

Courage We take bold risks to create innovative best practices to advance the nursing profession.

Meeting Minutes

Meeting called to order and attendance recorded at 9:01 AM.

Attendance:

Florida Center for Nursing Well-Being Advisory Board Members:

Dr. Lisa Baumgardner, Dr. Amanda Brown, Dr. Kathleen Cappel, Ms. Jennifer Crews, Dr. Amy Felix, Dr. Patricia Gagliano, Ms. Lauren Hartmann, Dr. Rodney Hauch, Dr. Alyssa King Ewald, Ms. Pamela Lambert, Mr. Andrew Lombardi, Dr. Christine Moffa, Dr. Valerie Morrison, Dr. Elizabeth Robison, Dr. Kathleen Wilson, Ms. Heidi Wright, and Dr. Kristina Valiente Garcia.

Absent: Dr. Crystal Jackson, Dr. Patricia Kenney, and Ms. Kasey Pacheco-Moran.

Quorum established: Yes.

FCN Staff: Dr. Rayna Letourneau and Ms. Erin Mulvihill.

Recorder: Ms. Erin Mulvihill

1. Welcome & Review of Agenda Items

Dr. Rayna Letourneau reviewed agenda items.

2. Approval of November 2025 meeting minutes

Motion to approve the November 13, 2025, FCN Well-Being Advisory Board meeting minutes by Dr. Elizabeth Robison and seconded by Ms. Pamela Lambert.

Minutes unanimously approved.

3. Guest Presentation: Schwartz Rounds

Dr. Kristina Valiente Garcia presented an overview of Schwartz Rounds implementation at Nicklaus Children's Hospital. Discussion included structure, cost, facilitator training, and reported outcomes related to staff well-being and turnover.

Schwartz Rounds were described as case-based or theme-based forums that provide structured opportunities for interdisciplinary staff to reflect on the emotional impact of caregiving. Reported outcomes included improved staff perception of organizational support and reductions in turnover.

Board members discussed logistical considerations including participation across shifts, compensation, virtual options, and confidentiality concerns.

4. Evidence-Based and Innovative Strategies Discussion

The Board discussed Schwartz Rounds and related reflective practice models as potential strategies to support nurse well-being across settings and career stages. Members identified priorities for FCN consideration, including early integration of emotional coping strategies for students and transition-to-practice nurses, facilitator training and standardization, scalability for smaller facilities, and development of centralized toolkits or pilot models to support statewide implementation. Evaluation and measurement approaches to assess impact were also discussed.

5. Next Well-Being Advisory Board Meeting

FY26 Q4: Thursday, May 14, 2026, 9:00 AM – 9:50 AM ET via Microsoft Teams

Meeting adjourned at 10:01 AM.

DRAFT