



**Florida Center for Nursing
Well-Being Advisory Board Meeting**

Thursday, May 14, 2026

Virtual via Microsoft Teams

Mission:

The Florida Center for Nursing is established to research and address issues of supply and demand for nursing, including issues of recruitment, retention, and utilization of nurse workforce resources.

Vision:

The health care needs of the residents and visitors of Florida are met by a competent and sufficient nursing workforce.

Values:

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| Accountability | We commit to deliver on the Florida Center for Nursing's statutory goals to the nursing profession, the residents, and visitors of Florida. |
| Integrity | We practice high ethical standards through interpersonal and interprofessional relationships. |
| Respect | We cultivate collaborative partnerships that promote access for everyone. |
| Courage | We take bold risks to create innovative best practices to advance the nursing profession. |

The Florida Center for Nursing is proudly headquartered at the University of South Florida College of Nursing

12901 Bruce B. Downs Blvd., MDC 22 | Tampa, FL 33612 | www.flcenterfornursing.org

Meeting Minutes

Meeting called to order and attendance recorded at 9:01 AM.

Attendance:

Florida Center for Nursing Well-Being Advisory Board Members:

Dr. Lisa Baumgardner, Dr. Amanda Brown, Dr. Kathleen Cappel, Dr. Rodney Hauch, Dr. Alyssa King Ewald, Dr. Patricia Kenney, Dr. Valerie Morrison, Dr. Elizabeth Robison, Dr. Kathleen Wilson, Ms. Heidi Wright, and Dr. Kristina Valiente Garcia.

Absent: Ms. Jennifer Crews, Dr. Amy Felix, Dr. Patricia Gagliano, Ms. Lauren Hartmann, Dr. Crystal Jackson, Ms. Pamela Lambert, Dr. Andrew Lombardi, Dr. Christine Moffa, and Ms. Kasey Pacheco-Moran.

Quorum established: Yes.

FCN Staff: Dr. Rayna Letourneau Ms. Sharon Owen, and Ms. Erin Mulvihill.

Guest Presenters: Ms. Abby Migliori and Ms. Elizabeth Turek, Intervention Project for Nurses (IPN).

Recorder: Ms. Erin Mulvihill

1. Welcome & Review of Agenda Items

Dr. Rayna Letourneau reviewed agenda items.

2. Approval of February 2026 meeting minutes

Motion to approve the February 12, 2026, FCN Well-Being Advisory Board meeting minutes Ms. Heidi Wright and seconded by Dr. Valerie Morrison.

Minutes unanimously approved.

3. Guest Presentation: Intervention Project for Nurses

Ms. Abby Migliori and Ms. Elizabeth Turek presented an overview of the Intervention Project for Nurses (IPN), including its role as Florida's peer assistance program supporting nurses experiencing mental health, physical health, and substance use disorders. Discussion included prevention-focused approaches to nurse well-being, burnout, workplace stressors, peer support, and early intervention strategies.

Board members discussed barriers to accessing support services, including stigma, confidentiality concerns, and limitations of employer-based support programs. Additional discussion focused on opportunities to normalize well-being support, increase

outreach to nursing students and nurse leaders, expand peer-support models, and improve awareness of available resources.

Discussion also included workforce retention, diversion prevention, financial barriers associated with treatment and monitoring, and opportunities for statewide education and collaboration related to nurse well-being and recovery support.

4. Evidence-Based and Innovative Strategies Discussion

The Board discussed potential opportunities for FCN consideration related to statewide nurse well-being initiatives, including early-intervention models, leadership education, peer-support strategies, workforce retention efforts, research opportunities, and collaborative partnerships. Discussion included opportunities for outreach to nursing students, integration of well-being topics into professional development programs, and collaboration with organizations focused on workplace violence prevention and workforce wellness.

5. Next Well-Being Advisory Board Meeting

FY27 Q1: Thursday, August 27, 2026, 9:00 AM – 9:50 AM ET via Microsoft Teams

Meeting adjourned at 9:51 AM.